

THE COOP

traditional breakfast (two eggs any style with the following options)	13
pan fried hash browns or fruit salad	
bacon, sausage or ham	
whole wheat, white, rye or multigrain toast	
breakfast wrap (with your choice of hash browns or fruit cup)	
2 scrambled eggs, cheddar cheese, red peppers, double smoked bacon, spinach tortilla	12
eggs benedict (with your choice of hash browns or fruit cup)	
montréal smoked meat	13
smoked salmon	14
grilled tomato and basil	12
3 egg omelet (with your choice of hash browns or fruit cup)	
black forest ham, red pepper, onions, cheddar	14
smoked salmon, asparagus, tomato	14
shimiji mushrooms, spinach, goat cheese	14
raw bar hash (two soft poached eggs with one of the following options)	
double smoked bacon, spinach, red pepper	14
shimiji mushrooms, spinach, shallot, basil pesto	14
steak & eggs (with your choice of hash browns or fruit cup)	16
grilled 4 oz flat iron steak, two eggs any style, fresh roma tomato slices	

THE FIELD

house made granola parfait fresh berries, vanilla yogurt	9
home-style oatmeal oats, sliced banana, seasonal berries, brown sugar	9
muesli rolled oats, apples, cranberries, vanilla yogurt, sliced banana	9
smoked salmon bagel & cream cheese whole wheat bagel, capers, red onion	12
brioche french toast citrus mascarpone, canadian maple syrup	12
whole wheat pancakes blueberry tarragon compote, vanilla infused maple syrup	12

SIDE ORDERS

one egg any style	3
one pancake	3
fired or fresh roma tomatoes	4
toast	3
pan fried hash browns	3
bacon, ham, sausage	4
half grilled grapefruit	4
bagel & cream cheese	5

BEVERAGES

coffee	3
tea (please inquire about selections)	3
juice	3
milk	3
soft drink	3
espresso*	4
latté's*	5
cappuccino*	5

DAILY BUFFET

Enjoy our fantastic selections of eggs, whole wheat pancakes, breakfast meats, assorted fruits, cheeses, cereals and your choice of coffee, tea and juice (*substitute specialty coffee's for \$2..00)

full buffet 15.95

continental 10.95